

WHAT WE STAND FOR

Be helpful.
Be Kind.
Be grateful.
Be respectful.

Be comfortable with
the uncomfortable.

Trust yourself,
trust each other.

Open mind,
open doors.

Respond don't react.
Be the best we can be.

Show up for each other.
Show up for ourselves.

Share the load to lighten the load.
Grow together & never settle.

Calm in chaos.

Use your strengths
to make a difference
& have fun doing it.

